



## INTERNATIONAL SUPPORT

### THE TWINNING PROJECT

*In the most difficult times of the full-scale invasion, Kharkiv National Medical University received strong support from its counterpart from Great Britain – the School of Clinical Medicine of the University of Cambridge. The school distinguished itself not only with words of support, but also with concrete actions. Cooperation was cemented by signing a Memorandum of Understanding for the period from January 1, 2023 to January 1, 2028.*



The «Twinning» initiative connected KhNMU and the School of Clinical Medicine of the University of Cambridge, involving students, academic staff and the rectorate of both universities to support higher education and partnership in various areas of cooperation. Numerous meetings were held with the management of the School of Clinical Medicine, surgeons, specialists in palliative medicine, employees of the simulation center, scientific library, and others. Thanks to the possibilities of the «Twinning» project, the university has the opportunity to develop and cooperate in such areas as: academic mobility, joint scientific research, quality of medical education, access to educational resources and project activities.

Results of two years of work in the project:

Clinical internship. For the third year in a row, students of IV-V courses have the opportunity to undergo a clinical internship at the University of Cambridge. A total of 41 students have completed prac-

tical training over two years, and a further 20 are currently participating in the program under the supervision of Cambridge University lecturers and tutors, as well as have access to a clinical environment.

Access to online resources. Our students have access to online lectures, seminars and forums held at the University of Cambridge.

Surgical Forum. In May 2023, a specialized surgical forum was held, which allowed students and teachers to exchange experience and new knowledge.

Biostatistics course. The teachers got access to the biostatistics course, which is an important component for conducting scientific research and analyzing medical data.



Project «EmpowerHER: Promoting Female Leadership in Higher Medical Education». The implementation of this joint project contributed to the receipt of the «Partnership for Gender Equality» grant, funded by the British Council.

In addition, there are initiatives and plans that will be implemented in the near future.

Kharkiv National Medical University expresses its sincere gratitude to its partners for their constant support and joint work for the benefit of students and medical education in Ukraine.

**Maryna Bilonozhko,**

*deputy of department of international relations and grant work office*

## INTERNSHIP IN CAMBRIDGE

### NEW KNOWLEDGE, EXPERIENCE AND POSITIVE EMOTIONS



*Kharkiv National Medical University continues active cooperation with a reliable partner – the School of Clinical Medicine under the rector, masters and scientists of Cambridge University. For the second year in a row, they are hospitably hosting KhNMU students. This year, 21 students successfully completed practical training in Great Britain.*

During the internship, students completed 10 distance learning modules and attended such sessions as an interactive presentation on palliative care, teaching clinical communication skills, learning practical procedures, and basic life support training.

The internship was divided into three rotations, namely John Farman Intensive Care, Vascular Surgery and Respiratory Medicine, which trainees completed under the supervision of faculty, having access to the clinical environment in the same way as Cambridge students.

Our students returned to their university with new knowledge, experience, positive emotions, impressions and a desire to learn more.

*According to the materials of the department of international relations and grant work office*

## CONGRATULATIONS ON THE PRESTIGIOUS AWARD!

In the spring of 2024, the annual congress of the Society of American Gastrointestinal and Endoscopic Surgeons (SAGES 2024) was held in the city of Cleveland (USA), within the congress the 11th Annual military surgical symposium SAGES 2024 was one of separate scientific and practical blocks.

The symposium is one of the most prestigious military surgical events of the world level, which is organized and conducted by the American Association of Military Surgeons.

Only 2 projects were selected to participate in the conference with a report from Ukraine, among which the report «Minimally invasive surgery» was included in the part of the 11th SAGES Military Sur-

gical Symposium: evolving military surgery – insights from Ukraine, addressing global challenges and shaping the future, trauma and intensive care for the management of thoracoabdominal gunshot injury at the Level II field hospitals operating in ongoing war in Ukraine. It was presented by the KhNMU author's team.

In addition to the invitation to participate in the Symposium, international recognition was also represented by receiving the Colonel David G. Burris 1st Degree Award for «Significant Achievements in Research in Trauma and Emergency Surgery». This prestigious award is given for original and related to trauma research and/or emergency surgery study.

## INTERNATIONAL COOPERATION

### COOPERATION BETWEEN PAKISTAN AND UKRAINE CONTINUES



In October last year, Kharkiv National Medical University was visited by the Ambassador Extraordinary and Plenipotentiary of the Islamic Republic of Pakistan to Ukraine, Mr. Nadir Khan.

At the beginning of the meeting, acting rector Valery Myasoyedov greeted the guest of honor: «We are very pleased to welcome Amba-

sador to our university and discuss all key issues regarding cooperation and education of Pakistani citizens at our university».

Ambassador noted that he has been in Ukraine for 4 months and from the very beginning wanted to visit the city of Kharkiv and the medical university. He noted that the cooperation between Pakistan and Ukraine is long-term not only in the field of education, but also in science, culture and trade, and also assured the continuation of further cooperation and support of Ukraine.

The main topic of discussion was the prospects for the return of Pakistani students to full-time studies at the university and problematic issues regarding the issuance of transit visas for the arrival of students to our country.

After the official meeting, Ambassador visited the Museum of KhNMU, the Scientific Library, as well as the Simulation Center, where he had the opportunity to see with his own eyes how practical training for students takes place.

Mr. Nadir Khan expressed his support for the university and praised the organization of the university's work during martial law.

**Maryna Bilonozhko,**  
deputy chief department of international relations and grant work office

## A FRIENDLY VISIT



Representatives of the delegation from the Czech Republic visited Kharkiv National Medical University.

The purpose of the visit was to discuss further cooperation between KhNMU and the Czech Institute of Healthcare Technologies – a non-profit organization that promotes technological, innovative and intellectual solutions to improve the health care system and provide quality medical care to the population in crisis regions.

The delegation visited the clinic of occupational diseases and got acquainted with the work of the Simulation Center of the Institute of Educational Quality. During the dialogue with the representatives of the Student Self-Government, the guests determined the importance of academic mobility, and also discussed the problems faced by future Ukrainian doctors during martial law.

According to the materials of the department of international relations and grant work office

## SIMULATION EDUCATION



### TRAINING FOR DOCTORS AND PARAMEDICS

«EPALS» simulation training for doctors and paramedics from the Center for Emergency Medical Aid and Disaster Medicine in the Kharkiv region took place at the Kharkiv National Medical University.

This project was created on the initiative of the Ministry of Health of Ukraine and with the support of Project HOPE Ukraine and was conducted on the basis of the Educational and Training Center for Simulation Medicine of the National Institute of Health and Welfare of the KhNMU

The purpose of the project is to organize and conduct trainings for doctors and paramedics of the staff of the Center for Emergency Medical Aid and Disaster Medicine, to improve the professional competence of doctors and medical personnel in providing emergency medical aid to patients or victims of different age groups based on standardized programs.

The training was conducted by certified instructors-trainers from the European Resuscitation Council according to European standards.

According to the materials of the official website

## INTERNATIONAL SUPPORT

### NEW HORIZONS FOR MEDICAL EDUCATION AND REHABILITATION



On June 19, 2024, a delegation of the humanitarian organization «Handicap International – Humanity» visited the Kharkiv National Medical University. Alice Belliot, manager of the project, and Olexander Kuznetsov, technical specialist on prosthetics and orthotics, visited the university with the aim of discussing important problems related to implementation of 3D printing technology in the area of prosthetics and orthotics.

The main topic of the meeting was discussing the donation from the organization – 3D printer and supplies for providing high-level studies for students.

This 3D printer will become an important instrument in teaching future specialists prosthetics and orthotics and make it possible to acquire practical skills in production of modern prostheses and orthoses.

Handicap International is not providing only technical support but have a plan to organize training on using 3D printer for co-workers of 3D technologies Center of the ASI of Education Quality and the lecturers who will be involved in the process of teaching. It allows specialists of the university to master the newest methods and convey knowledge to students and this is considered to be an important step in the development of medical education in Ukraine.

The culmination of the meeting was the signing of Memorandum of mutual understanding between KhNMU and Handicap International. This document strengthens the desire of both parties to continue further cooperation and realization of mutual projects in the area of 3D printing technologies, prosthetics and orthotics.

Cooperation KhNMU with Handicap international opens new horizons for medical education and people's rehabilitation in Ukraine. Thanks to this initiative the university will be able not only to provide high-level training for specialists, but also significantly contribute to improving life of people with amputations and other medical demands.

The support of Handicap International, as a part of International cooperation during the severe war years, is an important step in the direction of innovative development of medical sphere in Kharkiv.

*According to the materials of the department of international relations and grant work office*

## THREE-DIMENSIONAL TECHNOLOGIES

### INTERNATIONAL COOPERATION IN ACTION



Kharkiv National Medical University expresses its sincere gratitude to its partners, the humanitarian organization «Handicap International – Humanity and Inclusion» for the generous donation. Thanks to their support, the university received a 3D printer, consumables and simulation equipment, which will significantly improve the

training of specialists in the field of prosthetics and orthotics. Thanks to this support, the university will be able for the first time in Ukraine to introduce training in the manufacture of orthoses and prostheses using three-dimensional technologies according to international standards.

This assistance is important for students and teachers, because it allows them to get access to the latest technologies and methods in the field of prosthetics and orthotics. With the help of a 3D printer, students will master modern techniques for manufacturing prostheses and orthoses, which is extremely important for their future professional activities.

Handicap International not only provides technical support, but also promotes the improvement of the qualifications of university teachers and employees through trainings.

Support from Handicap International is an important element in the university's development strategy, which emphasizes the importance of international cooperation in creating high-quality medical education. This initiative will contribute not only to the professional growth of students, but also to the improvement of the general level of medical services in Ukraine.

*According to the materials of the department of international relations and grant work office*

## INTERNATIONAL COOPERATION

### JOIN THE KHNMU TEAM



In April 2024, Kharkiv National Medical University was visited by the General Medical Inspector, Director of Education of the Health Service of the French Army, Professor Francois Pons.

The meeting with Francois Pons happened for the first time during the implementation of the «Surgery damage control» course for military and civilian surgeons working with severely injured as a result of hostilities. Professor Pons is the developer of this 3-day course. Today, 8 of these trainings have been held. 22 military and 26 civilian active surgeons from the Kharkiv, Poltava, Dnipro, Zaporizhzhya and Sumy regions completed the training.

The professor's visit is the final part of the 2nd phase of the project. In addition, François Pons plans to join the KhNMU team as an employee of the department.

*According to the materials of the KhNMU website*

**INTERNATIONAL PARTNERS****COOPERATION WITH FRENCH MILITARY SURGEONS**

Cooperation with French military surgeons, which is carried out by employees of the Department of Surgery No. 4 and the Department of Disaster Medicine and of military medicine of KhNMU has reached a new level and continues expanding.

On the 20th of June an open lecture was held by the famous French military surgeon, professor, colonel Francois Pons, who for a long time was the rector of the Military Medical Academy Val-de-Grâce in Paris, with the assistance of the KhNMU management, with the personal participation of the acting head of the department of international relations and grant work office of KhNMU Oksana Vasylieva.

The lecture was devoted to the current topic of modern military surgery – the use of «damage control» in injury surgery. Those present at the lecture were students, intern doctors, department employees of surgery No. 4 and the department of disaster medicine and military medicine of the KhNMU.

In the lecture, Professor Francois Pons revealed the issue of the sorting of the injured during mass arrivals, the main principles of using damage control in abdominal, thoracic, vascular and skeletal trauma. He shared his own experience of treating injured. Special attention was attracted by the professor's demonstration of clinical cases, demonstrating these cases, François Pons suggested to the listeners determine on their own the tactics of treatment, choose the scope and term of surgical intervention that interested those present and caused an active discussion.

The experience provided by Professor Francois Pons was useful to those present from a theoretical and practical point of view. Cooperation with the French military surgeons continues.

*According to the materials of the department of international relations and grant work office*

**ERASMUS+ PROGRAM****RELEVANCE AND PERSPECTIVE**

In May of this year, 5 scientific and pedagogical workers of KhNMU completed an internship under the Staff Practical Training Erasmus+ program at the Warsaw University of Medicine (WUM).

During the internship, the representatives of KhNMU visited the simulation training center of WUM, familiarized themselves with the arrangement, equipment, and the algorithm for conducting classes in simulation training classes according to the educational components of gynecology, pediatrics, therapy, emergency conditions; visited the premises for conducting OSCE, as well as a simulation hall for practicing the skills of providing assistance to patients in an ambulance.

The KhNMU delegation got acquainted with the work of the rescue teams of the Air Emergency Service helicopter base, because the proximity of Kharkiv to the aggressor country requires a quick response of military medics to the daily shelling of the city and the prompt provision of emergency aid to the injured.

*Oksana Vasylieva, the head of the department of international relations and grant work office*

**A REPRESENTATIVE OF KHNMU TOOK PART IN THE TRAINING**

On June 12-13, 2024, the Federal Ministry of Education, Science, and Research of Austria, in collaboration with the Ministry of Education and Science of Ukraine and the National Erasmus+ Office in Ukraine, organized a training session in Vienna, Austria. This event aimed to foster and strengthen cooperation between Ukrainian and Austrian higher education institutions (HEIs) within the framework of the EU Erasmus+ Programme. Representatives from 23 Austrian and 40 Ukrainian universities attended the training. Maryna Bilonozhko, deputy of the International Relations and Grant work office, represented KhNMU.

The training commenced with Jakob Calice, a representative of the Austrian Agency for Education and Internationalisation, high-

lighting the importance of international collaboration between Austrian and Ukrainian universities to enhance university internationalization and experience exchange. Ukrainian Ambassador to Austria Vasyl Khymynets and Heribert Wulz, a representative of the Austrian Federal Ministry of Education, Science, and Research (BMBWF), emphasized the necessity of building bridges between the two nations.

Panel discussions during the training addressed the future prospects of cooperation in higher education and the current challenges faced by Ukrainian universities. Additionally, group matchmaking sessions were organized, allowing university representatives from both countries to present their institutions and identify mutual areas of interest for cooperation.

The second day began with a speech by George Weingartner, Austrian Trade Counsellor in Ukraine (Austrian Chamber of Commerce in Ukraine), who updated participants on the current state of economic relations between Ukraine and Austria. He assured that, despite the ongoing war, Ukraine remains a stable and strategic partner.

Austrian university representatives shared their experiences of collaborating with Ukrainian universities under the Erasmus+ program and discussed opportunities for participation in the Horizon Europe program for research and innovation cooperation.

The event concluded with another round of matchmaking sessions, where participants exchanged contacts and ideas for future collaborations. This training session marked a significant starting point for building long-term cooperation between Ukrainian and Austrian universities.

We extend our gratitude to our Austrian colleagues for their support!

*According to the materials of the department of international relations and grant work office*

## INTERNSHIP

### COOPERATION WITHIN THE SCOPE OF THE CONTRACT



At the beginning of September last year, as part of the inter-university agreement on cooperation between the Kharkiv National Medical University and the Royal College of Surgery, the head of the Department of Surgery No. 4 Professor Vitaliy Makarov had an internship in military surgery in Great Britain.

During his stay in the country, the professor got acquainted with the peculiarities of teaching theoretical and practical classes at the British University. Mr. Makarov also attended thematic lectures, took part in the conducted interactive practical classes, namely practiced surgical interventions on cadaveric material, participated in simulation classes on surgical assistance in field conditions and discussion of simulation results and planning tactics at various levels of assistance.

The employees of Department of Surgery No. 4 will implement the acquired knowledge into the educational process of our university.

*According to the materials of the official website of the KhNMU*

## SEMINAR IN GERMANY

### IMPLEMENTATION OF NEW TEACHING METHODS



The representatives of KhNMU – associate professors of the department of internal medicine No. 3 and endocrinology Maria Oliynyk and Volodymyr Fedorov, as well as assistant professor of the depart-

ment of pediatrics No. 2 Viktoriya Koval took part in the project seminar «Clinical thinking in medical education» in Munich (Germany).

The event took place within the framework of the Ukraine Digital – Clinical Reasoning in Medical Education project at the Ludwig Maximilian University in Munich (Institut für Didaktik und Ausbildungsforschung der LMU München) and with the support of the Deutscher Akademischer Austausch Dienst (DAAD). During the seminar, goals and further steps for continued cooperation and introduction of new teaching methods, including work with virtual patients (CASUS platform) and CCD (Clinical Case Discussion) were defined.

In addition, the symposium «Clinical Reasoning and the Future Role of Simulations in Medical Education» organized by the Institut für Didaktik und Ausbildungsforschung in der Medizin (DAM) was held in Munich with the participation of representatives of medical didactics institutes from all over Germany. As part of the symposium, the participants got acquainted with the experience of implementing the latest teaching methods in various medical educational institutions in Germany, also took part in seminars on modern teaching methodology in medical education, medical analytics, the introduction of stimulation technologies and virtual platforms, and visited Brainlab.

We would like to use this opportunity to remind students and teachers of clinical departments about free access to the CASUS virtual patient platform. In August, new cases in Ukrainian were added, to date the total number is 200 virtual patients.

*According to the materials of the official site of the KhNMU*

## INTERNSHIP

### PROFESSOR OF THE KHNMU COMPLETED AN INTERNSHIP IN WARSAW

From October 30 to November 30, 2023, within the framework of the international STOP CANCER project, the head of the department of general and clinical pathophysiology named after DO Alpern professor Mykhailo Myroshnychenko completed an internship at the Medical University of Warsaw.

Professor Mykhailo Myroshnychenko became the winner of the STOP CANCER scholarship project for pathologists, organized by the Rotary Club Warsaw City and Medical University of Warsaw. The internship took place at the Department of Pathomorphology, which is headed by professor Agnieszka Perkowska-Ptasińska. Currently, the department has a histopathological laboratory, an immunohistochemical laboratory, a molecular genetics and cytogenetics laboratory, and an electron microscopy laboratory.

During the internship, Mykhailo Myroshnychenko got acquainted with the organization of the educational process at the department, the peculiarities of the pathology service. Under the guidance of famous Polish morphologists, workers of the department, – professor Barbara Górnicka, associate professor Magdalena Bogdańska, professor Agnieszka Perkowska-Ptasińska and other Mr. Mykhailo improved his knowledge and skills in histological and cytological diagnosis of tumor and non-tumor pathology of the human body. A team approach and constant cooperation with the clinicians who treated

and examined the patient is characteristic of Polish morphologists in the diagnosis of pathology.

During his stay in Warsaw, the professor discussed the issue of cooperation between the Kharkiv National Medical University and Medical University of Warsaw. As a result of the discussion, the foundations were laid for the signing of a bilateral agreement, the purpose of which is educational mobility for students and university employees within the framework of the Erasmus+ program.

During business trip to Warsaw, professor Mykhailo Myroshnychenko also met with the representatives of the publishing house of scientific medical journals ALUNA: director Anna Łuczyńska, scientific editor and head of the international cooperation department Lesia Rudenko, head of the subscription department Bartosz Guterman. During the meeting, issues of mutual cooperation in educational and scientific processes were discussed.

The internship at the Medical University of Warsaw was a good opportunity to improve the level of knowledge and skills in pathology, to find new contacts for further international cooperation, and motivation to implement the acquired knowledge and skills in practical activities and educational process at the university.

*According to the materials of the official website of the KhNMU*

## STUDYING CAN'T BE STOPPED!



*This phrase belongs to Kharkiv students who attend practical classes face-to-face in the bomb shelters of Kharkiv National Medical University.*

Recently, Muskan Shauriya, a student of the IV year of the VII Faculty of Foreign Student Training from India, joined them. She returned to Kharkiv after 2 years in her Motherland, New Delhi, where she went at the beginning of the full-scale russian invasion of Ukraine.

According to her, she really missed the university and live communication with teachers, so she decided to return to Kharkiv. Muskan visited the dean's office of the VII Faculty and at a meeting with the dean Oksana Vasylieva, she expressed her gratitude on behalf of all foreign students who continue their distance learning at the KhNMU, handed over a letter of support to all teachers and students who are currently in Kharkiv, and also shared her dream – to become an obstetrician – gynecologist in the future.

With the support of the Director of the National Institute of Education Quality, Professor Ihor Zavgorodnyi practical classes on midwifery in English were organized for Muskan Shauriya on the basis of the Simulation Center of KhNMU. Under the guidance of the assistant professor of the Department of Obstetrics and Gynecology No. 2 Olga Ovcharenko, Muskan worked out practical skills in physiological ob-

stetrics related to the examination of a pregnant woman, the course and management of childbirth and the postpartum period.

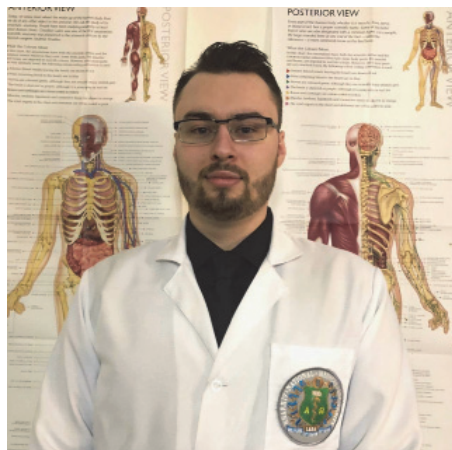
The next stage of training was a visit to the maternity ward of the Kharkiv Regional Clinical Hospital, where the student, under the guidance of the head of the Department of Obstetrics and Gynecology No. 2, Professor Victoria Lazurenko, got acquainted with the structure of the department, took part in the examination of pregnant women and women in labor, conducting physiological childbirth.

After learning practical skills on the course and management of childbirth, on May 15, 2024, Muskan Shauria gave an report at the anniversary X All-Ukrainian scientific conference of students and young scientists in physiology with international participation «Physiology – medicine, pharmacy and pedagogy: Current problems and modern achievements», where she also shared her experience of being in the maternity ward of the KhRCH. Her report «Bio-mechanism of physiological childbirth: is it possible to control the process?» was awarded the diploma «For the practical significance of the research».

We wish Muskan Shauria success in her further studies and thank her for supporting the university in wartime!

*According to the information of the VII Faculty for the Training of Foreign Citizens*

## IN SEARCH OF NEW AREAS OF COOPERATION FOR THE KHNMU



*Despite the complete evacuation of foreign KhNMU students from Kharkiv due to the onset of full-scale russian federation invasion of Ukraine and the transition to hybrid learning, our English-speaking students remain with us and even attempt to assist the University in exploring new ways of cooperation.*

Thus, during the face-to-face session of the scientific-practical conference with international participation «Actual issues of pedagogy of higher medical education», which took place at KhNMU on May 28, 2024, Michael Staroselsky (Canada), a student of the VII Faculty of the Educational and Scientific Institute for the Training of Foreign Citizens, gave an oral report in co-authorship with representatives of the company «Tax Accounting and Business Solutions» (Calgary, Canada) about the potential opportunities for cooperation between KhNMU and Canadian universities. The presentation was presented in English in the section «Features of the pedagogical component of the educational space of higher medical institutions of education: international experience». Michael's binary report with the representative of the Ukrainian diaspora in the Canadian province of Alberta, Ella Avakyan, aroused the interest of the listeners and a lively discussion in the audience.

We are proud of our foreign students and are very grateful to them and their parents for supporting KNMU and the city of Kharkiv during the war! We hope for further productive cooperation with Canadian medical universities, believe in victory and support Ukraine!

*According to the materials of the official site of the KhNMU*

## LETTERS TO THE TEACHER

### «HAPPY ARE THOSE WHO HAVE DREAMS AND ARE READY TO PAY THE PRICE TO MAKE THEM COME TRUE»

«For every dream comes a price». In my case, as an aspiring medical doctor, it was a six-year academic journey from the shores of Nigeria, spanning 8,268 km, landing me here in Kharkiv in the autumn of 2018. Upon arriving, I was greeted by the reddish-brown forests with falling leaves, a sight to behold though I wasn't here for sightseeing. I settled into the hostel and adapted to the system with help from a supportive community of students. On my first day, I was amazed at the magnificent structure that stood over 25 feet tall, adorned with three large wooden doors, each with its own arc depicting the classical European architecture. To the left of the concourse was a sculpture of three racially diverse individuals. Above the entrance, the university's emblem embroidered with the Latin motto «Valetudo est bonum optimum» – «Health is the greatest good» – greeted all who entered. My first-year experience was riddled with challenges of adaptation, figuring out the tripartite rail system, the location of the departments, and the everyday tests for each subject. But to ease our transition, there was a robust library architecture, a physical education class which was a moment of relief from the rigorous academic activities, and extracurricular activities like the culturally inclusive Christmas concert, which was my highlight of the year.



As a second-year student, I had understood the subway system but was still falling short with the bus system. With a near-perfect integration of the transport network on Google Maps, it was easier to get by. But that was the least of my worries as anatomy and histology exams were fast approaching with a vast volume of study materials to cover. I thought to myself, this must surely be the hardest part of med school, oblivious to the smirking pathology and pharmacology in the corner waiting to pounce.

Before the end of our 2nd year, the news of the Covid-19 disease hit, and just like that, it graduated to a pandemic. A lockdown was implemented, and then the idea of onsite study became impossible. With quick thinking and implementation, we transitioned to a distant learning mode of study. But as days turned to months, it became evident that the physical presence of our teachers and classmates contributed to the holistic concept of education. We missed the sound of «stansia naukova» every time we were about to alight from the train and the seven-minute walk to the university, sometimes shortened to about two minutes depending on how much time you had left before the start of your class/lecture, as lateness could be rewarded with an instant jab of a class repeat, popularly known as a «work off». The long queues at the entrance of the dean's office, majorly trying to sign your khvastivka and other various activities.

Irrespective of mental and emotional side effects, as it is popularly said that time waits for no one, indeed it did not wait, as it was already the culmination of the third year, and our first exam from the Ministry of Health (KROK1) was fast approaching, so we had to put aside sentiments and focus on the task at hand, which was passing the exam. On the day of the exam, everyone showed up in their white coats. Despite our elation at seeing our classmates, all emotions were subdued beneath face masks and constrained by social distancing measures. The third year was indeed my most memorable year.

The fourth year was a time of recovery from the effects of the pandemic, and we anticipated a return to normalcy, only for the process to be short-lived by the echoes of war, leaving everyone with one goal: survival. Although it was a time of uncertainty, one thing became clear: our stay in Kharkiv was coming to an end. What the pandemic couldn't do, that we didn't stop academic activities, had prepared us for the academic aftermath of the war.

All we have left are memories of a life we will no longer live and nostalgia for a foreign land. After a one-and-a-half-month hiatus, studies that reached thousands of students on more than 4 continents have resumed thanks to our robust distance learning structure.



From the echoes of war a phase was born: «Slava Ukraini», which translates to «Glory to Ukraine», embodying the fighting spirit of the Ukrainian people. It doesn't just represent the undying will and relentless spirit of the Ukrainians but its influence on a myriad of unique individuals from diverse cultures and its impact on us with that spirit of resilience. At the end of our studies at KhNMU, we successfully passed KROK2 and OSKI final exams. My sincere gratitude goes to our teachers and all in the administrative system led by our Oksana Vasylieva and Pavlo Korobchanskyi.

In conclusion, I have learned through my time here that nothing can truly stop you much more than you can! **So to all my fellow graduates, carry the consciousness that you have been forged in fire and You're gold! Go and change the world.**

**Oyewo Pamilerin Elisha,**  
Grp 16 7th faculty, Nigeria

## THANKS LETTER



In the name of the dean of the 5th faculty for the preparation of foreign students, a gratitude was received from the graduate of the KhNMU, Hind Salameh.

«Dear Svitlana Oleksandrivna and teachers of Kharkiv National Medical University!

I express my sincere gratitude for your guidance and support throughout the time I spent at Kharkiv National Medical University. Your dedication has prepared me for a successful career in medicine. Thank you for preparing me well.

With warmest wishes, Hind Salameh.»

**A LETTER OF THANKS FROM A FOREIGN STUDENT**

**To the esteemed Rector of Kharkiv National Medical University, Dean of the Faculties, esteemed faculty members, and my respected professors and teachers!**

As I pen this letter, my heart is filled with profound respect and gratitude for the esteemed individuals who form the backbone of our revered institution. Your unwavering commitment to education and the betterment of your students shines as a beacon of excellence in these tumultuous times.

Despite the shadows cast by the aggression we have witnessed, your dedication to maintaining the continuity of learning has been nothing short of heroic. You have not only preserved the sanctity of education but have also ensured that we, your students, could complete our academic journey with dignity and success.

The challenges we faced were formidable, yet under your guidance, we emerged stronger, more resilient, and ready to contribute to the world with the knowledge and values you have instilled in us. Your efforts have not gone unnoticed, and the sacrifices made will forever be etched in the annals of our university's history.

I extend special thanks to the Scientific Council, of which I am honored to be a member. Your scholarly pursuit and the fostering of a vibrant academic community have been instrumental in shaping my intellectual growth and professional development.

To the Rector, your visionary leadership has steered our university through storms with a steady hand and an inspiring resolve. Your example has taught us the true meaning of perseverance and the power of unity in the face of adversity.

Long live Kharkiv National Medical University. Long live Kharkiv. Long live Ukraine.

The spirit of our institution is unbreakable, and the bonds we have formed are indelible. Though we may part ways, the legacy of our time here will continue to inspire generations to come.

**P.S.** Till we meet again, may the light of knowledge continue to guide our paths and the strength of our community uphold the values we cherish.

With deepest appreciation and respect,

*Kuye Adesegun Jacobs, 6th faculty, Class of 2024*

**AN INTERNATIONAL CONGRESS****INNOVATIVE APPROACHES TO THE PSYCHOLOGY OF LEARNING**

From July 21 to 26, 2024, the city of Prague (Czech Republic) hosted the 33rd International Congress of Psychology (ICP), which was to be held in Prague in 2020. The covid pandemic forced the organizers to postpone the offline congress for 4 years, but this year almost 4,000 active participants and scientists from different continents took part in about 50 scientific sections such as AI, Cyberpsychology & Robotics, Clinical Psychology, Cognitive Psychology, Communication and Media Psychology, Cross-Cultural Psychology, Psychological Counseling & Coaching, Sport Psychology, Psychological Testing and Assessment, etc.

From the Kharkiv National Medical University, the Dean of the 7th Faculty of Foreign Students, Oksana Vasylieva, presented 2 poster reports «Intersystem integration in the adaptation of foreign

medical students to emotional stress» and «Present day features of maladjustment states in English medium students» in section «Psychology of education and upbringing». This report aroused special interest among scientists from the countries where the vast majority of foreign students of KhNMU live – India, Pakistan, Nigeria, South Africa, etc.

During the congress, Oksana Vasylieva met with the management of the Czech Institute of Health Care Technologies and discussed the possibilities of using AI technologies – cognitive behavioral therapy programs in the electronic environment to improve the psychological state of domestic and foreign students with depression or panic disorder in the background of military operations in the Kharkiv region.

*According to the materials of the official site of the KhNMU*

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