

MINISTRY OF HEALTH OF UKRAINE
KHARKIV NATIONAL MEDICAL UNIVERSITY

Department of Ukrainian Language, Principles of Psychology and Pedagogics

Academic year 2022-2023

SYLLABUS OF THE ACADEMIC COMPONENT

«Basics of psychology and interpersonal communication»

Optional educational component

Form of education full-time

Field of science 22 «Health»

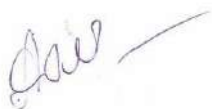
Specialty 223 «Nursing»

Education and professional program «Nursing»

The first (bachelor's) level of higher education , 4 years of study

Course 2

The syllabus of the academic component was considered at the meeting of the Department of Ukrainian Language, Principles of Psychology and Pedagogics
Protocol of
“28” June 2022 № 11
Head of department



_____ prof. L.V. Fomina

Approved by Methodical commission of KhNMU
of problems of general and pre-professional training
Protocol of
“31 August 2022 № 1
Head



_____ O. Y. Vovk

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INTRODUCTION

Syllabus of the **academic component** “Basics of psychology and interpersonal communication” is edited according to the educational professional program “Nursing” and to the Ukrainian higher education standard (following – Standard) of 1st (bachelor’s) level of branch of science 22 “Health”, specialty 223 “Nursing”.

Description of discipline.

In the current conditions, psychology is a scientific field that attracts the attention of both highly qualified specialists of all specialties and ordinary people who seek to improve their psychological culture. In modern society, personality is a unity of morpho-physiological, psycho-emotional and sociogenic structures. The most complex and least known natural phenomenon is the human psyche. And that is why almost all scientists turn to its study, regardless of professional direction and training. The " Basics of psychology and interpersonal communication" component is designed to contribute to expanding the scope of knowledge of future medical nurses about the human personality, increasing psychological culture for a deeper understanding of oneself and others, for self-improvement, and adaptation to changes in the environment. The study of psychology is necessary to increase the effectiveness of one's professional life activities, the fullest use of a person's personal potential, establishing relationships between team members. High medical culture, ethical behavior of participants in the act of communication, professionalism of the future medical worker, deontological training are largely determined by the level of psychological education in the theoretical and practical context.

The subject of the study of the educational component is an in-depth understanding of the principles, types of regularities and norms of communication for solving problems of interpersonal interaction in professional activities.

Interdisciplinary links.

The educational component “Basics of psychology and interpersonal communication” is based on the study of the Ukrainian language, social medicine, and philosophy.

Pre-requisites Studying the discipline requires the prior acquisition of foreign language credits.

Post requisites The main provisions of the academic component should be applied when studying professional disciplines.

1. THE AIM AND TASK OF THE DISCIPLINE

1.1. The aim of the discipline teaching the educational component "Basics of psychology and interpersonal communication" is the study of the psychology of the individual, activity, communication, conflictology of relationships and relationships, elements of psychological support of professional activity.

1.2. The main task of the discipline is the acquisition of competencies in accordance with the general and professional competencies of the educational-professional program «Nursing» of the first level of higher education in the specialty 223 «Nursing»: formation of a specialist capable of cooperating with patients' families and directly with patients, providing qualified services, giving a holistic view of psychology and interpersonal communication, equipping with knowledge of the main theoretical approaches, contributing to the increase of students' theoretical awareness of the essence of psychology and interpersonal communication, their social significance, teaching to understand and use the main theoretical propositions in their work, develop the need to acquire scientific knowledge about new approaches and methods in psychology.

1.3. Competences and learning outcomes, the formation of which is facilitated by the discipline (relationship with the normative content of the training of higher education applicants, formulated in terms of learning outcomes in the EPP and the Standard).

1.3.1. The study of the academic component ensures that education seekers acquire the following **competencies**:

Integral:

A bachelor of nursing is able to solve practical problems and tasks of activities in the field of healthcare with the application of provisions, theories and methods of fundamental, medical and clinical sciences in conditions of complexity and uncertainty.

General:

GC 01. The ability to realize one's rights and responsibilities as a member of society, to realize the values of a civil (free democratic) society and the need for its sustainable development, the rule of law, the rights and freedoms of a person and a citizen in Ukraine.

GC 02. The ability to preserve and multiply moral, cultural, scientific values and achievements of society based on understanding the history and patterns of development of the subject area, its place in the general system of knowledge about nature and society and in the development of society, technology and technology, use different types and forms motor activity for active recreation and driving healthy lifestyle.

GC 03. Ability to abstract thinking, analysis and synthesis

GC 04. Ability to apply knowledge in practical situations

GC05. Knowledge and understanding of the subject area and understanding of professional activity

GC 10. Ability to make informed decisions

GC 11. Ability to work in a team

GC 12. Skills of interpersonal interaction

Professional:

PC 1 Ability to apply professional and legal standards in everyday professional practice

PC 2 The ability to recognize and interpret signs of health and its changes, illness or disability (assessment/diagnosis), restrictions on the possibility of full-

fledged life activities, and to determine the problems of patients with various diseases and conditions

PC 6 The ability to effectively apply a combination of professional skills (skills), medical devices, interventions and actions in assessing the functional status of patients/clients, preparing them for diagnostic studies and taking biological material for laboratory studies

PC 12 The ability to orientate in determining the group membership of drugs, the peculiarities of their pharmacokinetics and pharmacodynamics

PC 13 The ability to identify the relationship between clinical manifestations of diseases and the results of additional research methods

PC 16. Ability to organize and manage the relevant structural unit (leadership and management).

1.3.2. Studying of the academic component provides education seekers' achieving of following **program learning outcomes:**

PLO 3. Plan nursing interventions. In the conditions of health care facilities, at home and under unforeseen circumstances, be able to make a plan of nursing interventions to solve real and related problems of patients of various ages.

PLO 4. Monitor the work of junior medical staff and the state of inventory.

In the conditions of health care facilities, in accordance with job duties, in order to comply with the sanitary and anti-epidemic regime, be able to:

conduct training of junior medical personnel on the performance of functional duties and occupational health and safety; monitor compliance with safety rules by junior medical personnel;

monitor the work of junior medical personnel; control the implementation of the rules of the internal procedure by staff and patients; monitor compliance

PLO 19. Conduct medical and hygienic propaganda.

1.3.3. Studying of the academic component provides education seekers' achieving of the following **Soft-skills:**

- communication skills in oral and written forms;
- skills to take responsibility for decisions made;
- skills of presenting one's own ideas and opinions;
- skills of establishing professional and interpersonal relationships;
- skills of using information technologies;
- time management skills;
- teamwork skills;
- leadership skills.

2. INFORMATION VOLUME OF THE ACADEMIC COMPONENT

Name of indicators	Branch of knowledge, speciality and education level, EPP	Characteristics of the discipline	
		full-time education	
Number of credits – 3	Branch of Knowledge 22 «Health»	Optional	
The total number of hours is 90	Specialty: 223 «Nursing»	Year of preparation:	
		2st	
		Semester	
		-	3d
		Lectures	
Hours for full-time education: class – 32 Independent student's work – 58	Education level: the first (bachelor's) level	14	
		Practical, seminars	
		-	18 hours
	Laboratory		
	-	-	
	Independent work		
	58 hours		
EPP «Nursing»	Individual tasks:		
	Type of control:		
	Credit		

2.1. Description of the discipline

2.2.1. Lections

№	Name	Hours	Forms
1	Psychology as a science	2	lecture-presentation
2	Methods of psychology	2	lecture-presentation
3	Communication as psychological category	2	lecture-presentation
4	Concept of perception in psychology	2	lecture-presentation
5	Professional and pedagogical communication as a phenomenon of pedagogical activity.	2	lecture-presentation

6	Means of communication	2	lecture-presentation
7	Concept of conflict and ways to resolve it	2	lecture-presentation
Hours in tota		14	

2.2.2. Seminar lessons

Not provided by curriculum.

2.2.3. Practical lessons.

№	Name	Hours	Methods of studying	Forms of control
1.	Psychology as a science	2	work with authentic materials in pairs, groups	oral quiz (individual and frontal), written quiz, test, self-test
2.	Methods of psychology	2	demonstration presentation	oral quiz (individual and frontal), written quiz, test, self-test
3.	Communication as a psychological category	2	Content-based learning	oral quiz (individual and frontal), written quiz, test, self-test
4.	Concept of perception in psychology	2	discussion, round table	oral quiz (individual and frontal), written quiz, test, self-test
5.	Professional-pedagogical communication as a phenomenon of pedagogical activity.	2	conversation, interview	oral quiz (individual and frontal), written quiz, test, self-test
6.	Means of communication	2	demonstration	oral quiz

			presentation	(individual and frontal), written quiz, test, self-test
7.	Concept of conflict and ways to resolve it	4	Content-based learning	oral quiz (individual and frontal), written quiz, test, self-test
8.	Communication in the professional activity of a doctor	2	Communication in the professional activity of a doctor	Communication in the professional activity of a doctor
9.	Final lesson 1. Credit.	2		oral quiz (individual and frontal), written quiz, control test
	Hours in total	18	Final control Credit.	

2.2.4. Laboratory class

Not provided by curriculum.

2.2.5. Independent work

№	Name	Hours	Methods of studying	Forms of control
1.	Psychology as a science	8	Completion of tasks in written, printed or electronic form	creative tasks, individual tasks, summary, self-test, oral presentation
2.	Methods of psychology	7	Content-based learning	creative tasks, individual tasks, summary, self-

				test, oral presentation
3.	Communication as a psychological category	7	Completion of tasks in written, printed or electronic form	creative tasks, individual tasks, summary, self-test, oral presentation
4.	Concept of perception in psychology	7	Completion of tasks in written, printed or electronic form	creative tasks, individual tasks, summary, self-test, oral presentation
5.	Professional-pedagogical communication as a phenomenon of pedagogical activity.	7	Presentation	creative tasks, individual tasks, summary, self-test, oral presentation
6.	Means of communication	8	Content-based learning	creative tasks, individual tasks, summary, self-test, oral presentation
7.	Concept of conflict and ways to resolve it	4	Fishbone method	creative tasks, individual tasks, summary, self-test, oral presentation
8.	Communication in the professional activity of a doctor	10	Guided discovery	creative tasks, individual tasks, summary, self-test, oral presentation
	Hours in total	58		

3. EVALUATION CRITERIA

3.1. Evaluation of applicants for higher education is carried out in accordance with the "Instructions for assessing the educational activities of applicants for higher education in KhNMU" (Order of KhNMU №181 from 21.08.2021).

When studying the discipline, current and final semester control is used. Also, there is a mandatory control of assimilation of the educational material of the discipline assigned to independent work.

Current control (CC) is carried out by scientific and pedagogical staff at each classroom session (except for lectures). The main task of current control is to check the level of training of education seekers to perform specific work. The main purpose of current control is to provide feedback between scientific and pedagogical workers and education seekers in the learning process and to ensure the management of their educational motivation. The information obtained during the current control is used both by scientific and pedagogical workers - to adjust methods and means of education, and by education seekers - to plan independent work. Based on the results of mastering each lesson topic, a grade is given using a 4-point system.

The final lesson is a class in which the acquired competencies are evaluated after a logically completed part of the discipline, which consists of a set of educational elements of the discipline program. The final lesson is held at one of the practical classes and is accepted by the teacher of the academic group. The final lesson must include control of all types of training (theoretical, practical, independent and others) provided by the program of the academic component. A grade is given for the final lesson, which is one of the grades of the final control. If there are unsatisfactory grades for practical classes during the final lesson, the teacher is obliged to provide the student with the opportunity to answer additional questions on the subject of these classes, with the subsequent publication of the grade in the "Journal of the work of the academic group" and the ASD.

Current educational activity (CEA) is a student's educational activity during the semester, which is supervised by a scientific and pedagogical worker conducting classes in a group. CEA is provided for disciplines, the study of which does not end in the current semester. CEA is considered completed if the applicant has completed all missed classroom classes and lectures in the current semester, and the average score for all CC topics is equal to 3 points or higher, in this case, the note is marked "completed" and the average score in the 4-point system is indicated (calculated automatically within the functionality of the ASD electronic journal), or "unworked", if the applicant has unworked missed classroom classes and lectures in the current semester, or the average score is below 3 points.

Independent work of the acquirer.

The educational material of the discipline, intended for assimilation by the learner in the process of independent work, is submitted to the final control together with the educational material that was studied during classroom training sessions.

General educational activity (GEA) is the educational activity of the student during the entire period of studying the discipline (or its part), which ends with an assessment with the form of control "credit", "differentiated credit" and "exam". GEA is considered completed if the applicant has completed all missed classroom classes and lectures, and the average score for all CC topics is equal to 3 points or higher.

Recalculation of the average grade for CAE and FL for disciplines that end with a crediting is carried out in accordance with table 2. The minimum number of points that a student must score for admission to the credit – 120 points, maximum - 200 points.

Table 2

Recalculation of the average grade for the current activity into a multi-point scale (for disciplines ending with credit)

4-бальна шкала	200-бальна шкала	4-бальна шкала	200-бальна шкала	4-бальна шкала	200-бальна шкала
5	200	4.22-4,23	169	3.45-3,46	138
4.97-4,99	199	4.19-4,21	168	3.42-3,44	137
4.95-4,96	198	4.17-4,18	167	3.4-3,41	136
4.92-4,94	197	4.14-4,16	166	3.37-3,39	135
4.9-4,91	196	4.12-4,13	165	3.35-3,36	134
4.87-4,89	195	4.09-4,11	164	3.32-3,34	133
4.85-4,86	194	4.07-4,08	163	3.3-3,31	132
4.82-4,84	193	4.04-4,06	162	3.27-3,29	131
4.8-4,81	192	4.02-4,03	161	3.25-3,26	130
4.77-4,79	191	3.99-4,01	160	3.22-3,24	129
4.75-4,76	190	3.97-3,98	159	3.2-3,21	128
4.72-4,74	189	3.94-3,96	158	3.17-3,19	127
4.7-4,71	188	3.92-3,93	157	3.15-3,16	126
4.67-4,69	187	3.89-3,91	156	3.12-3,14	125
4.65-4,66	186	3.87-3,88	155	3.1-3,11	124
4.62-4,64	185	3.84-3,86	154	3.07-3,09	123
4.6-4,61	184	3.82-3,83	153	3.05-3,06	122
4.57-4,59	183	3.79-3,81	152	3.02-3,04	121
4.54-4,56	182	3.77-3,78	151	3-3,01	120
4.52-4,53	181	3.74-3,76	150	Less than 3	Not enough
4.5-4,51	180	3.72-3,73	149		
4.47-4,49	179	3.7-3,71	148		
4.45-4,46	178	3.67-3,69	147		
4.42-4,44	177	3.65-3,66	146		
4.4-4,41	176	3.62-3,64	145		
4.37-4,39	175	3.6-3,61	144		
4.35-4,36	174	3.57-3,59	143		
4.32-4,34	173	3.55-3,56	142		
4.3-4,31	172	3.52-3,54	141		
4,27-4,29	171	3.5-3,51	140		
4.24-4,26	170	3.47-3,49	139		

3.2. Questions for credit:

1. The subject of psychology.
2. Tasks and principles of psychological science.
3. The place of psychology in the system of sciences.
4. Branches of psychology.
5. Schools, directions and concepts in psychology.
6. Brain and psyche.
7. Methods of scientific research.
8. Observation as the main method.
9. Experiment.
10. Additional methods of psychological science.
11. Socio-psychological specificity of communication.
12. Personality in the context of communication.
13. Basic characteristics of communication.
14. Sociocultural aspects of communication.
15. Communication as information transfer.
16. Communication as interaction.
17. Concept of perception in social psychology.
18. Processes of awareness of one person by another.
19. Effects of perception: halo, novelty and originality.
20. Stereotyping.
21. Classifications of stereotypes (V. Parfenov, A. Rean).
22. Causal attribution.
23. Attraction.
24. Peculiarities of professional and pedagogical communication.
25. Verbal means of communication. Language and speech culture.
26. Non-verbal means of communication.
27. Computer tools of professional communication.
28. Essence, sources, causes, functions and classification of conflicts.
29. Main contradictions and conflicts in professional activity.
30. Structure, scope, dynamics of the conflict.
31. Conflict in the interaction of doctors and patients.
32. Interpersonal conflicts in the medical team.
33. Psychological aspects of doctor-patient communication.
34. Socio-psychological portrait of a doctor.
35. Peculiarities of the patient's personality.

3.3. Control questions:

1. 1. Medical communication as a subject of research.
2. Communication activity and communication.
3. Types, levels, forms of communication activity.
4. Cooperation and conflict in communication activities.
5. Main areas of psychology.
6. Communication as a function of organization management.
7. Conflicts and means of their resolution.

8. Basic methods of psychological science
9. The influence of communication styles on interaction with patients and the team.
10. The essence of the concept of communication. Classification of types of communication
11. Classification of communication functions. Methods of communication.
12. Communication styles.
13. Models of speech communication
14. Verbal means of communication
15. Non-verbal means of communication and their features
16. Effects of "halo" and stereotyping in the perception of another person
17. Manipulations. Types of manipulators
18. Types of people's sociability
19. Communication disorders and communication barriers
20. Character accentuations and communication defects
21. Destructive communication
22. Psychological compatibility and conflict in interpersonal relationships
23. The concept of business communication. Specificity, structure and functions of business communication
24. Psychological features of business communication
25. Types of business communication
26. Business conversation as the main form of business communication
27. Negotiations as a type of business communication.

3.4. Individual tasks

Not provided by the curriculum.

3.5. Rules for appealing of evaluation. A student has a right to appeal the estimation, appealing to the teacher or head of department.

4. ACADEMIC POLICY

Course requirements

Students are expected to attend all practical sessions. If they missed classes it is necessary to rework them (according to the schedule on the information board of the department).

All written and home assignments must be fully completed in time. If the students have any questions, they can contact the lecturer in person or by e-mail provided at the first practical session by the lecturer.

During the practical lesson students are recommended to make notes of the lecture and maintain a sufficient level of keeping silence. Asking questions a teacher is absolutely normal.

Practical training

Active participation during the discussions in the classroom. Students should be ready to understand the material in detail, ask questions, express their point of view, take part in the discussions. During the discussion the following is important:

- respect to colleagues,
- tolerance to other people and their experience,

- receptivity and impartiality,
- the ability to disagree with an opinion without disrespect to the personality of the opponent's personality,
- thorough reasoning of one's opinion and the courage to change one's position under the influence of evidence,
- self-expression, when a person avoids unnecessary generalizations, describes his feelings and formulates his wishes based on his own thoughts and emotions,
- mandatory acquaintance with the original sources.

A creative approach in its various manifestations is welcome. Students are expected to be interested in participating in city, all-Ukrainian and international conferences, competitions and other events related to the subject profile.

Occupational Health

At the first lesson of the course, the basic principles of labor protection will be explained by means of appropriate instruction. Everyone is expected to know where the nearest exit to the auditorium is. Fire extinguisher, how to use it, etc.

Behavior in the classrooms and lecture halls

It is important for students to follow the rules of decent behavior at the university. These rules are the same for everyone – for students, teaching staff or employees, and basically do not differ from generally accepted norms.

During classes it is **allowed**:

- leave the classroom for a short time if necessary and by the teacher's permission;
- drink soft drinks;
- take photos of presentation slides;
- take an active part in the class work (see Academic expectations for students);

it is not allowed:

- to eat (except for the persons with strict doctor's recommendations - in this case medical certificate is required);
- smoking, consuming alcoholic and even low-alcohol drinks or narcotic drugs;
- speak obscenely or use the words insulting the honor and dignity of your colleagues or teaching staff;
- gambling;
- causing damage to the material and technical base of the university (damage inventory, equipment, furniture, walls, floors, litter premises and territories);
- making noise, shouting or listening to loud music in the classrooms and in the corridors during classes or breaks.

5. ACADEMIC INTEGRITY

The Department of Ukrainian Language, Principles of Psychology and Pedagogics supports zero tolerance for plagiarism. Male and female students are expected to constantly increase their own awareness in academic writing. In the first classes the students are given information on what exactly is considered to be

plagiarism and how to correctly conduct scientific researches.

6. RECOMMENDED LITERATURE

Basic

1. Бацевич Ф.С. Основи комунікативної лінгвістики / Ф.С. Бацевич. – К., 2004. – 342с.
2. Волкова Н. П. Педагогічні комунікації : Навч. посіб. / Н. П. Волкова; Дніпропетр. нац. ун-т. – Д., 2002. – 90 с.
3. Волкова Н. П. Професійно-педагогічна комунікація : навч. посіб. / Н. П. Волкова. – К. : ВЦ «Академія», 2006. – 256 с.
4. Гуцало Е. У. Психологія вікового розвитку особистості. Навчально-методичний посібник. – Кіровоград: Імекс ЛТД, 2010. – 216 с.
5. Гуцало Е. У. Психологія вікового розвитку особистості: Практикум. Навчально-методичний посібник. – Кіровоград: ФО-П Александрова М.В, 2012. – 178 с.
6. Кайдалова Л. Г., Пляка Л. В. Психологія спілкування: навчальний посібник. : НФаУ, 2019. – 132 с.
7. Мацько Л. І. Риторика : навч. посібник / Л. І. Мацько, О. М. Мацько. – Київ : Вища школа, 2003.
8. Тертична Н. А. Вікова психологія: навчальний посібник / Н.А.Тертична / К.: Книга-плюс. 2018. – 357 с.
9. Тертична Н. А. Практикум з вікової психології / Н.А.Тертична – К.: Книга-плюс, 2018. – 119 с.
10. Фабер А., Мазліш Е. Мистецтво спілкування з дітьми. Вдома та в школі. Країна мрій. 2012. – 240 с.

Auxiliary

1. Вербальні засоби спілкування та мовленнєвий етикет // Чмут Т., Чайка Г. Етика ділового спілкування. – К., 2002. – С. 107-117.
2. Кайдалова Л. Г., Пляка Л. В. Психологія спілкування: навчальний посібник. : НФаУ, 2011. – 132 с.
3. Скібська Л. І. Конфліктологія: навчальний посібник / Л. І. Скібська. / К.: Центр навчальної літератури, 2007. – 384 с.
4. Філоненко М. Психологія спілкування. Навчальний посібник / К. : Центр учбової літератури, 2008. – 224 с.
5. Шевчук С. В. Ділове мовлення для державних службовців : навч. посібник / С. В. Шевчук. – Київ : Арії, 2008.

7. INFORMATION RESOURCES

1. <http://www.osvita.org.ua> – Освітній портал.
2. <http://nbuv.gov.ua> – сайт Національної бібліотеки України імені В. І. Вернадського.

3. <http://korolenko.kharkov.com> – сайт Харківської державної наукової бібліотеки імені В. Г. Короленка.