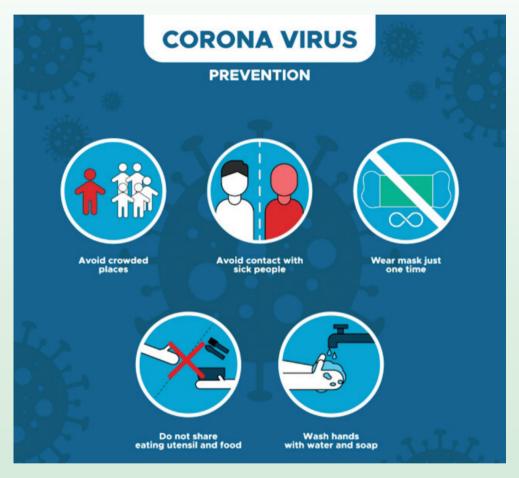
#### THE NEWSPAPER OF KHARKIV NATIONAL MEDICAL UNIVERSITY ACADEMIC COMMUNITY

The newspaper was awarded with a silver medal of the "Higher School" Ukrainian Government Contest

MEMO HEALTH

#### PROTECTING YOURSELF AND OTHERS FROM THE SPREAD COVID-19



You can reduce your chances of being infected or spreading COVID-19 by taking some simple precautions recommended by World Health Organization:

- Regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water. Why? Washing your hands with soap and water or using alcohol-based hand rub kills viruses that may be on your hands.
- Maintain at least 1 metre (3 feet) distance between yourself and others. Why? When someone coughs, sneezes, or speaks they spray small liquid droplets from their nose or mouth which may contain virus. If you are too close, you can breathe in the droplets, including the COVID-19 virus if the person has the disease.
- Avoid touching eyes, nose and mouth. Why? Hands touch many surfaces and can pick up viruses. Once contaminated, hands can transfer the virus to your eyes, nose or mouth. From there, the virus can enter your body and infect you.
- Make sure you, and the people around you, follow good respiratory hygiene. This means covering your mouth and nose with your bent elbow or tissue when you cough or sneeze. Then dispose of the used tissue immediately and wash your hands.

Why? Droplets spread virus. By following good respiratory hygiene, you protect the people around you from viruses such as cold, flu and COVID-19.

- Stay home and self-isolate even with minor symptoms such as cough, headache, mild fever, until you recover. Have someone bring you supplies. If you need to leave your house, wear a mask to avoid infecting others. Why? Avoiding contact with others will protect them from possible COVID-19 and other viruses.
- If you have a fever, cough and difficulty breathing, seek medical attention, but call by telephone in advance if possible and follow the directions of your local health authority. Why? National and local authorities will have the most up to date information on the situation in your area. Calling in advance will allow your health care provider to quickly direct you to the right health facility. This will also protect you and help prevent spread of viruses and other infections.
- Keep up to date on the latest information from trusted sources, such as WHO or your local and national health authorities. Why? Local and national authorities are best placed to advise on what people in your area should be doing to protect themselves.





#### OUR HONOR

## Teachers of KhNMU are in the epicenter of the fight against coronavirus

At this difficult time, the staff of the departments of KhNMU do not stay away from the tense situation in the world, but are directly involved in the fight against the spread of COVID-19.



Among them are teachers of the Department of Infectious Diseases: Professors Kateryna Yurko, Andriy Bondarenko, Associate Professors Dmytro Katsapov, Anton Sokhan, Olena Mohylenets, Anna Solomennyk, Oleksandr Bondar, Assistants Vitaliy Tkachenko, Anatoliy Gavrilov, Olena Tsyko, Ihor Bodnya, Yana Zots.

Researchers of the Department of Pediatric Infectious Diseases, namely Professors Serhiy Kuznetsov, Volodymyr Kozko, Olga Olkhovska and Associate Professors Alla Tatarkina, Tetyana Zharkova, Tetyana Vovk, also provide consultations to patients with suspected coronavirus.

Additionally, the Head of the Department of Epidemiology, Professor Tetyana Chumachenko, provides consulting and organizational assistance to medical institutions of the city and region.



Our teachers who work with patients with suspected COVID-19 are provided with all personal protective equipment granted by the University. Today, they operate according to the protocols approved by the Ministry of Health of Ukraine, conduct consultations, night shifts in the departments of the Regional Clinical Infectious Diseases Hospital and the Regional Children's Infectious Diseases Clinical Hospital, participate in conciliums.

According to the Head of the Department of Infectious Diseases Kateryna Yurko, assistants of the department lead patients in the wards of hospital departments, associate professors and professors conduct consultative work with all medical institutions of the city, as well as join the duty of medical aviation.

The staff of the medical university is proud of the professionalism and dedication of our colleagues and wishes them health, which is absolutely necessary for those who are in the heart of the fight against coronavirus!

According to the service of the information support of KhNMU

#### **OUARANTINE MEASURES**

# KhNMU dormitories are in the zone of special attention

During the quarantine national and foreign students who are currently staying in dormitories for this period are in the area of special attention.



Some embassies initiated a temporary departure of their citizens – students of Kharkiv higher education institutions to the Homeland for the period of quarantine. Consequently, at the suggestion of the Israeli embassy, about 300 students of KhNMU went home, which is only 6% of the total number of all foreign students at our University. However, at this time the educational process is not interrupted, since all students remain in distance learning, like all students of medical university.



Furthermore, over 600 foreign students remained in 3 dormitories, where during the quarantine the strict access regime was introduced along with the prohibition of visiting the dormitories of KhNMU by persons who do not live there.

According to the order "About the suspension of the educational process in KhNMU" work of duty officers who carry out sanitary and hygienic measures, including wet cleaning with disinfectants, ventilation, etc. was organized in each dormitory.

160 liters of disinfectants for hand treatment, separate disinfectants for surface treatment were purchased for use in dormitories, 3 washing machines were additionally installed, soap was purchased for each student.

Remote thermometry is performed for all residents and staff of the dormitories. The staff of the Institute of Foreign Citizens of Kh-NMU is in touch with students around the clock, explaining and monitoring the implementation of the quarantine regime.

If necessary, students can seek medical assistance at the City Student Hospital on Darwin street 8/10.

In connection with national students – the doctor of the health center of KhNMU Alina Sergeevna Sushetska (contact phone: +38 097-402-04-81 and telegram channel @DR\_Sushetskaia1).

In connection with foreign students – nurse Olena Viktorivna Melnyk (contact phone: +38 066-718-08-19).

According to the site of KhNMU



#### ■ INTERNATIONAL COOPERATION ■

### PARTNERSHIP RELATIONS

On February 17, the delegation of representatives of the Trenk-walder Company (Federal Republic of Germany), that included the Chief Financial Officer Mr. Mark Pollock, the Executive Director Mr. Andreas Mezenberger, and the Head of the Austrian direction Mr. Arno Wolfarter, visited the University.



The Trenkwalder Company is one of the leading providers of personnel services in Central and Eastern Europe.

The purpose of the visit was to get acquainted with the University as well as to present the company's amenities in the field of providing employment services for junior and secondary medical staff. Foreign guests met the Rector of the University Prof. Valeriy Kapustnyk, the Acting Vice-Rector for Research and Education Assoc. Prof. Iryna Leshchina and the leading expert of the International Relations Office Mrs. Anna Kurach.

During the meeting a wide range of questions regarding the possible ways of cooperation between KhNMU and the Trenkwalder Company was discussed. These included employment of nurses as well as traineeships for students and academic staff of KhNMU in the partner clinics of the company. "Our University prepares specialists primarily for the needs of the internal market, and we are less interested in the mass outflow of young specialists abroad, although everyone has the right to decide where to work. Still, we are concerned with expanding the opportunities in training for our employees. Thus, in case of building partnership relations, it should be based on a mutually beneficial grounds", said Prof. Valeriy Kapustnyk.

The company representatives offered the innovative, highly effective video-based training such as mobile courses from their side. As a result, the decision to deepen the connection between the institutions in the issues under the discussion was taken.

Adopted from the International Relations Office

#### ■ INTERNATIONAL RELATIONS

### Khnmu in the world programme for biological safety

On February 19, a delegation of representatives from the Bundeswehr Institute of Microbiology (Mr. Hyer von Butler, the Director; Mrs. Julia Schwarts and Mrs. Claudia Popp), the German Society for International Cooperation (GIZ)



(Mrs. Fredericka Brix and Mrs. Svetlana Erneckerova), the National Scientific Center "Institute of Experimental and Clinical Veterinary" (Mr. Anton Gerilovich, Mr. Alexey Solodyankin), visited the medical university.

In the frames of the visit meetings with the University's authorities, representatives of the Department of Infectious Diseases and the International Relations Office were organized.

Welcoming the guests to the medical university, the Vice-Rector for Research Prof. Valeriy Myasoyedov stressed that the visit of such a respectable delegation testifies to the importance of the prospects that lie ahead. The issues that are being discussed today solve local and global problems, since they are, above all, territorially uniting Europe and Ukraine, veterinary and humanitarian medicine.

During the meeting, an Agreement on Cooperation was signed between KhNMU and the Bundeswehr Institute of Microbiology, a wide range of issues were discussed as well. There were also introduced the activities of the German Society for International Cooperation (GIZ), either in Ukraine and in the world.

In order to implement a programme in Ukraine, the collection of clinical material by the staff of the Department of Infectious Diseases and the introduction of modern methods for the diagnosis of Hantavirus infection and leptospirosis are envisaged. The wide implementation of research results, joint scientific publications, publication of methodological recommendations, etc. are planned. The Head of the project, the director of the Bundeswehr Institute of Microbiology Mr. Haier von Butler, noted that German representatives hope for

long-term cooperation with KhNMU, and ready to provide diagnostic test systems, to train specialists and to further promote scientific cooperation and improve the diagnosis of Hantavirus infection in Kharkiv region. "We hope that this partnership will serve to broaden the range of our cooperation and, in addition, to strengthen the link between veterinary and human health medicine," said the Director.



At the meeting it was decided to deepen the relations between the institutions in the discussed issues. During the visit, a tour rond the university took place, in addition, the guests visited the Department of Infectious Diseases of KhNMU and the laboratory of the department.

Anna Kurach,

Leading Expert of the International Relations Office

#### Reference

The German Biosafety Program is a part of a worldwide programme sponsored by the German Ministry of Foreign Affairs. The project is currently cooperating with 13 countries of the world, and Ukraine has become the last partner in this programme. Its goal is to control and minimize the risks associated with highly vulnerable pathogens.

Moreover, the project is also Germany's contribution to the G7's activities on hazard prevention posed by weapons of mass destruction.

To date, four projects are being developed in Ukraine, three of which are scientific. They are headed by German research institutes. One of these projects is Kharkiv's one, which is headed by the Bundeswehr Institute of Microbiology, while other projects are taking place in Kiev.





#### **A UNIQUE OPPORTUNITY**

## Access to 3D Organon programme is open!

The global situation occurred in the world has led to changes in the educational process. Now all universities across the world have focused on distance learning modules and Kharkiv National Medical University is not standing aside, but pursuing active successful implementation of distance learning tools into the educational process.



Due to productive cooperation with world-famous 3D Organon organization for the development of virtual reality anatomy and related disciplines computer programmes, KhNMU has received 10 license keys to a human anatomy virtual atlas for implementation further into the educational process. The University has received more than 4000 realistic anatomical structures` and organs` 3D images, and 160 clinical examples of pathological conditions that can be used both by theoretical and clinical departments.

The programme also includes more than 500 clinical tasks from the USMLE Question Bank. With this virtual atlas it is possible to visualize organs and systems of a human body during the classes online with further detailing in three-dimensional online format, which we used to demonstrate by drawings and schemes only. Displaying of the educational material has become even more interesting and exciting and promotes better acquirement of practical skills.

In the absence of descriptive material, this three-dimensional visualization helps to give classes and test students at a new modern level using clinical examples. This is a unique opportunity for preparing our future medical professionals as best as possible. Today, 3D Organon has already been used at practical classes and for preparing students to pass the practical part of an exam at the departments of basic disciplines.

3D Organon is a multi-award-winning software platform facilitates accelerated learning and teaching in medical sciences and anatomy on your desktop, mobile, and virtual reality devices.

Adopted from the KhNMU's site

#### **■ INTERACTIVE LEARNING**

## Scientific work of foreign students during the quarantine

Under the quarantine conditions and distance learning, it was quite difficult for foreign junior students to join student scientific work. Thanks to the established traditions and the help of senior students (Akil Magapu, Adesegun Jacobs Kuye, John Jemimah Nayagawa), their activity was even higher than usual. More than 20 first-year English-speaking students took part in the online conference "The Problem of Man in Socio-Humanitarian and Philosophical Discourses", which took place on May 28–29, 2020.

The work of the student group successfully started during the conferences held at the end of 2019 at H.S. Skovoroda National Literary and Memorial Museum of the Skovorodynivka village, and at the National Technical University "Kharkiv Polytechnic Institute". Dana Al Akhras, a first-year student of the VI Faculty for International Students of KhNMU Education and Research Institute for Foreign Citizens, took part in all three events. In addition, she became one of the winners of the XIV Regional Competition of Young Scientists "Gender Policy Through the Eyes of Ukrainian Youth", which took place in March-May 2020.

Probably, the activity of students is also due to the possibility of their own time management. However, the most important thing is the desire for more complete self-realization in quarantine and the desire





to fully feel like students. In this sense, it is important to note that the students of the spring enrollment were particularly active. Thus, there is hope that the tradition of student scientific work of English-speaking students is constant.

Prof. **Karpenko Kateryna**, Head of the Department of Philosophy

#### **■ YOUNG SCIENTISTS**

## International forums as an extensive experience for scientists

On January 8-10, conference "Bypass 2020 - Anniversary symposium" was held in Zurich. The event was dedicated to the problem of surgical revascularization of cerebral vessels at atherosclerotic lesions of vessels, Moya-Moya disease, aneurysms of cerebral vessels and confined to 50th anniversary of conducting the first extra-intracranial vascular microanastomosis. The specialists from Japan, USA. European countries presented their achievements in this



The neurosurgeons with great experience in vascular neurosurgery attended the congress. It was quite interesting to look at clinical cases of doctors from Japan, USA, China, and Europe, who willingly shared their knowledge. The microsurgical course dedicated to the microvascular anastomosis "The 1st Placenta course in Zurich" was held with the involvement of specialists from Brazil, the USA and Switzerland.

It is worth pointing out the high level of the event organization, since everything from registration to sectional meetings was carried out exceedingly carefully.

The report of neurosurgeon Gazi M. Yasargil from Turkey, who firstly performed such operation in the world in 1967, interested me especially. His report dealt with the historical facts of the development of world neurosurgery and his vision of the future achievements in the field.

Generally, the experience of participating in such events is extremely important for the development of both scientific and practical components of the modern doctor.

#### Vladyslav Kaliuzhka,

member of the Council of the Scientific Society of Students, Postgraduate Students, Doctoral Students and Young Scientists



#### FOREIGN STUDENTS OF KHNMU

### **Professional training during the quarantine**



Innovative distance learning technologies used in our medical university have become a defining step in organization of the work of foreign students during quarantine and have led to significant changes in the organization of the educational process of the Educational and Scientific Institute for the Training of Foreign Citizens of KhNMU.



During the quarantine, the faculty dean's offices of VI and VII departments for the training of foreign students and all relevant departments promptly established the process of teaching subjects using Moodle and Zoom platforms remotely in synchronous mode in English. Additionally, Moodle software has created web rooms for online

meetings with English-speaking graduate students to prepare them for the online state exams during quarantine and for prompt solving of teaching objectives.

If it became possible to organize classes and practice at all disciplines online for students of VI and VII faculties almost from the first days of quarantine, still the preparation of all documentation, especially for English-speaking graduate students, required dean's staff to attend work daily implementing all necessary anti-epidemic measures and using personal protective equipment.



At the end of April, the preparation of English-speaking graduates for taking two sets of state exams on the Moodle platform began. In this regard, the deans and their deputies conducted online training for all students in groups explaining the key points of the exam and summarizing how to fill in the answer to the question paper, demonstrating the answer to the examiner, etc. Also graduating departments organized additional webinars to consult English-speaking graduates on exam preparation and passing KROK 2.

Of course, both the deans' offices and the departments teams did a tremendous job to organize and prepare for the state final exams. Still the final level of students' knowledge will be revealed by the licensed KROK 2 exam, and the real professional training will be shown by the future practical activity of our foreign graduates at their homeland and at their future life.

#### Oksana Vasylieva,

Dean of the VII Faculty for International Students of KhNMU Education and Research Institute for Foreign Nationals

#### KROK 2

## We adhere to the standards of higher education

On June 10–12, the final exam "KROK 2. General Medical Training" was conducted for students at the University.



According to the schedule developed by the Testing Centre of the Ministry of Health of Ukraine together with higher education institutions, foreign students were the first who sat this exam.

Due to the coronavirus pandemic and quarantine measures at the medical university, all the conditions for passing the exam were created. Thus, the graduates adhered to the established distance, the mask mode, their hands were treated with a sanitizer and their body temperature was measured. Graduation students were also scattered in several

auditoriums to keep their distance during exams. For this purpose, the premises of the reconstructed building located on the territory of the Research Institute of Occupational Health and Occupational Diseases of KhNMU were used, as well as the renovated auditoriums of the Educational and Laboratory Complex in the main building of KhNMU.



Although, this year's final KROK exams were held in an unusual mode and with additional rules, but medical students over the years of study at the University have learned how to overcome and less difficulties!

According to the service of the information support of KhNMU





#### ■ CLASS OF 2020 I

### **Kharkiv National Medical University - My Alma Mater!**

Unarguably, the medical profession is a tremendous one that offers the privilege of experiencing what a blend of science and art has to offer and a nonnegotiable need for constant refinement of a practitioner's residual knowledge and skills is a key factor that makes a profession distinct. Empirically, one's perception about medicine does not seem to be fixed. Before medical school, whatever that was envisaged will definitely be different from the reality and that might

trigger a reactive change in previous plans. However, any vision of the future requires an appreciation of the past. A number of reasons attributes to the successful faces graduating this year and my case is not far from theirs.

In October 2014, I found myself within the four walls of this great institution called Kharkiv National Medical University. In my class, were unfamiliar faces with different backgrounds namely: Nigerians, South African, Israelis, Moroccan,



Arabs and a Syrian. I was the only Ghanaian in my class and it was a bitter sweet feeling because I felt I couldn't relate well as compared to have my fellow country man but for reasons I was not too sure of, that ideology began to wane. I can say that it was a good move by the University to mix us perhaps attribute it to the fact that I had received exposure and learnt a lot from people from different cultures along the journey. Sadly, not all of us from that particular group is graduating today because not everyone was ready to adhere to the disciplinary rules and regulations of this great institution.



One of the things I love so much about this University is that, they are able to accommodate people from different countries and unite us as one team. One of my greatest challenges here was the language barrier but with time, I was able to find my way around which I believe every person here willing to become a doctor, went through this one way or the other. I have had personal relationships with some of our hardworking staffs and I must confess that they've made my life here a memorable one for me and for us all. It has been of great pride for me to represent my University anywhere.

I've found myself. I have represented this noble University as a sports man in 100m dash competition in the first year of my studying, medical conferences in the other cities, as the President of the National Union of Ghana Students, at the annual cultural days and any ime I am being called upon because I hold this university in a high esteem. KhNMU has taught me a lot and one that I will never forget is that, if you want to finish on time, always move according to the pace of the class or else you will find yourself standing for hours just to sign applications to make your way out for your missed classes. To me, I feel this is a disciplinary system to tell us that always give your best and you will always get good results but be lazy and suffer for it. I can't leave out the major developments that has been going in our University. Today we have one of the ultramodern libraries in Ukraine, renovated departments and lecture halls etc. gives me hope

that the University keeps developing. We can all attest to the fact that during our days within the four walls of KhNMU, much attention is given to how teaching topics are understood and to a major extent application of knowledge. We essentially have no duty of care and as students are not liable for errors in matters involving patients but we are moving now to the field of practice where we will become doctors we dreamed of. Any decision we make can either result in the betterment of a patient's health, deterioration or even death. Essentially, our clinical decisions are not inconsequential. Patients out there will understand the fact that we owe them a duty of care, a responsibility you cannot evade. We have to be careful with our clinical decisions with regards to indications, contraindication and complications. In the medical school, we usually observe and take notes during procedures but in the field, it is a duty for us carry out those procedures.

Our duties and responsibilities will go beyond dealing with diseases and medications. We will be required to share experience, learn to relate professionally with both junior and senior colleagues, amongst others. There is a lot we should anticipate, namely: exhaustion, intimidation, disregard for one's efforts just like during the days of our modules. It is expected that our fundamentals of the medicine from our noble university should be solid enough. It will take a long way to lessen the anticipated difficulties.

KhNMU has taught us enough not to overlook interpersonal relationship with other colleagues. Our professional life begins today and I want to say to each and every smiling faces in these COVID challenging season, I believe we live in a changing world, full of dangers, threats and challenges. But for me, it is also full of new and attractive opportunities. It depends on us whether or not we can take advantage of those historical opportunities. I want to take this opportunity on behalf of my colleagues and sincerely thank our school administration, the Rector, Dean, the staff, teachers, security and down to the cleaners for making our lives here a comfortable one. My sincere regards to Oksana Vasylieva, the Dean of the 7th Faculty, for playing the mother role in our lives. God bless you so much and we love you so much and shall surely be missed. Lastly to my fellow doctors, a life in medicine is a life in motion. As we are leaving behind the groups that we had bonded with for the past years, the teachers we had spent all years getting to know and adjusting to their standard of teaching, the diseases and therapies and operations we had seen and studied. We would show up one Monday morning to a new team, a new set of patients, and a new medical specialty that we had not yet been exposed to.

Dr. William Kodzo Selassie Asamany, 7th faculty (Ghana)

#### **ACADEMIC MOBILITY**

## Internship in the Netherlands



For two months (from February to March) Professor of the Department of Surgery No. 1 Denys Yevtushenko underwent an internship at the Department of Innovative Mini-Invasive Surgery at Amsterdam University Medical Centre (Amsterdam, Kingdom of the Netherlands).

The internship was realized through a grant received from the European Association for Endoscopic Surgery.

During the internship he mastered modern technologies in minimally invasive surgery, operations on oesophagus, stomach, intestines, robotic surgery, etc. Denys Yevtushenko assisted in surgical interventions when per-

forming minimally invasive manipulations on organs abdominal cavity and retroperitoneal space. At the end of the internship he received a certificate of study at Amsterdam University Medical Centre.

According to the service of the information support of KhNMU



#### GRADUATION - 2020

### The 6-year journey in Ukraine

"Difficulties in your life do not come to destroy you but to help you realize your hidden potential and power. Let difficulties know that you too are difficult." vul Pacir Zainulabidin Abdul Kalam – Atomic Scientist and President of India

(1931–2015)



Is it hard to leave everything behind to pursue your dream? It surely isn't. My name is Hussein Korkor, I came all the way from the land of the pharaohs (Egypt) to chase my dream of becoming a medical doctor. My first battle was to convince my parents to allow me to leave my own country, it wasn't easy but they supported saying, "If that is what you want we won't hold you down". I came to Ukraine in 2014 when the war situation wasn't stable. It was very hard to adapt in a county without knowing its language. And that was my first lesson Ukraine gave me. Learning the language of the place you live in, knowing it's people and their culture. Then came my experience with KhNMU: when I first joined the medical university I had some hard time adapting to the system and its rules even reaching the point thinking about quitting medicine, but I had a thought of I came here all alone without family or friends to become a doctor and I wouldn't guit then. I had a fear of failure and as Walt Disney said "All our dreams can come true, if we have the courage to pursue them". So I started to be more determined, study more and try my best to pursue my dream. It wasn't easy and it wouldn't be easy but I had my

friends, my family, my beloved doctors, professors, my dean and the dean office staff. I would like to give my gratitude exactly to everyone. Through the years I've learned, I gained experience and made a lot of good friends whom I can call brothers and sisters. But it wasn't easy it had its ups and downs but with time and maturity I've learned when something bad happen learn from it and don't let the success fool you and keep on working.

Becoming a Doctor is not only about studying but also behaving as one and gaining clinical experience. From the moment I started visiting hospitals and clinics to train I've discovered that books only won't make you a doctor but how you behave and interact with people makes you a good doctor. If you have the chance to work on yourself more and learn clinical skills don't hesitate ask your doctors and professors, they will help.

Hard work and persistence don't stop working being a medical student puts you in a position where time and effort matter. An hour of working on yourself, could be the difference between you being a good doctor or a really good doctor. Work on yourself study hard don't let life teach you this lesson the hard way.

In the end I would like to tell all junior students study well have passion in what you do while you still have time. And to my dear friends, colleagues and my esteemed seniors, it was a pleasure knowing you all. You all should be proud of yourselves being where you are right now but know it's not the end of the way it's just the beginning, so wishing you all luck and successes. Focus, work hard and be successful.

Last but not the least to my beloved dean, teachers, and dean office staff, thank you for teaching and mentoring us through all these years. Know that your job is important and won't be forgotten. Preparing future doctors for further service to the world and saving lives is very Nobel and honorable. Thank you all for being there with us when It was needed.

I've spent 6 years of my adult life on the Ukrainian soil learned its language, culture and merged with it. I consider Ukraine to be my second homeland. Thank you Ukraine for giving me the chance to pursue my dreams.

"We are what we repeatedly do. Excellence, then, is not an act, but a habit." (Aristotle)

Hussein Korkor, 7th faculty (Egypt)

#### ■ LONG JOURNEY

## My lovely UKRAINE

5<sup>th</sup> of November 2013 is the date when I left my family, my friends, my precious memories in my lovely country Lebanon and took my first step into Ukraine under a large goal... "Studying Medicine". Long journey, foreign country and new experience with a lot of mystery...



I started studying national language to make it easier in communication with the new society that I was going to be involved in, not easy but I didn't believe in the impossible...

Medicine is not only an academic feature, moreover it's a soul and a prophet communication between Lord and ill patient, so that, the main goal for studying Medicine is to reduce suffers of others and contribute their cure...

With all excitement and enthusiasm, I decided to go through this long journey, to achieve that goal...

Yes, I absolutely confess that it was neither easy nor slight to go through, I met a lot of obstacles and troubles, but Shevchenko said: "Хто не журиться, не плаче, то той ніколи й не радіє", the one who doesn't suffer and cry, will never feel joy.

With a big will to learn and make records in academic field to make my family, the people who loves me and even myself, proud, I decided to work hard and make all the impossible, so possible.

At the Preparatory Department for foreign citizens, May 2014, I participated in the conference dedicated to the end of the year where I had an oral presentation "Alternative sources of Energy, new way to solve problems", and was certified with a 1st place prize.

During my studying at the University I took part in numerous scientific and educational events and I can say that every time I was successful.

At the end, I feel so proud to be a graduate of KhNMU, and very thankful for the country that I consider now as my second home, after passing 7 years of my young life there. My lovely UKRAINE, as I am thankful for my family, for all the teachers and administration staff that supported me and gave me all the push to finish the way and to introduce myself as a Doctor.

Thank You with all my love and respect.

Samer Maarabouni, 6th faculty (Lebanon)





#### N A LANGUAGE OF DISTANCE LEARNING

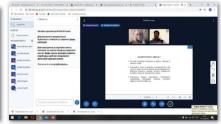


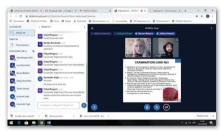




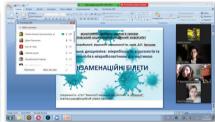


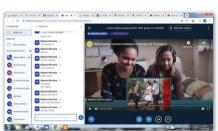




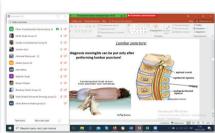


















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